



News Release

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CONTACT: Chris Boyle, Director of Communications
(860) 706-9654 – christopher.boyle@ct.gov

Statement from DPH Commissioner Dr. Manisha Juthani regarding updated CDC COVID-19 isolation guidance

HARTFORD, Conn—The Connecticut Department of Public Health (DPH) has adopted and recommends the COVID-19 isolation guidance that was issued by the Centers for Disease Control and Prevention (CDC) on Friday.

This updated guidance recommends that those who have COVID-19 should stay home until they've been fever-free without medication for at least 24 hours or their symptoms have been improving for 24 hours.

Since the start of the 2023—2024 respiratory virus season, DPH has taken a pan-respiratory virus approach to managing COVID-19, the flu and RSV. This strategy has been consistent with the CDC [guidance for managing viral respiratory diseases including COVID-19, influenza, and RSV](#).

Additionally, prior to the start of the current school year, DPH partnered with the Connecticut State Department of Education to distribute operationalized CDC respiratory virus guidance to school nurses and superintendents.